



ACTOR RESUMÉ for
HELEN BENNEDICT

Record last
modified
20/1/2015



EYES hazel

DATE OF BIRTH 19/3/67

HAIR dark brown

AGE THIS YEAR 48

HEIGHT 5' 8" (1.73m)

DRIVERS LICENCE YES

ACCENT Cultured New Zealand

ETHNIC ORIGIN

ACCENTS New Zealand, RP, West Country

(if Other Than
European)

PERFORMABLE English, Northern English

TRAINING

Masters in Acting - London East 15 (including foundation stage combat certificate, radio, film & TV, screen acting, Shakespeare Masterclass, Verbatim theatre, playing a soldier, Laban, Clowning), winner of the Dolphin Theatre "Sheila Summers Cup - Best Newcomer Female" for 2009, Acting Up - one day workshop presenting (Paulus Romijn), one on the industry

STAGE CREDITS

L'Hotel du Cirque - Madama Lala/Ensemble (East 15 - dir. Andrea Brooks) 2012, Vagina Monologues - Ensemble (East 15 - dir. Monique Wilson) 2012, Richard III - Queen Elizabeth/Lord Stanley (East 15 - dir Robin Sneller) 2012, Cowboy Mouth - Cavale (East 15 - dir. Andrea Brooks) 2011, The Cherry Orchard - Ranyevskaia (East 15 - dir. Stephen Hudson) 2011, Dinner Party Money - Winnie Mellor - lead (by Thomas Sainsbury) Wallace Trust Gallery 2009, Family Planning - Elsie (Dolphin Theatre) 2009, Picasso at the Lapin Agile - Germaine (Festival Players at Artworks) 2007

TV COMMERCIALS

Woman, MitoQ, Packhorse Productions, Rich Mitchell UK 2013
Corporate, Nurse, Medical Device Demonstration, DJM Digital, Tara Douglas UK 2013
SGOSS About Us - Business Woman - UK only 2012
Vodafone Corporate (only) - Stern Mum - UK only 2012

OTHER SKILLS

presenting, voice overs, basic piano, master of ceremonies, Toastmaster, basic - French, German, Spanish, badminton, golf, cycling, ice skating, sea kayaking, horse riding, motor cycling, mountain biking, netball, rock climbing, roller blading, touch Rugby, running, sailing, skiing, swimming, tennis, yoga, power boat licence

SCREEN CREDITS TELEVISION/VIDEO

Margaret Beaufort, The Real White Queen and her Rivals, BBC2 / Oxford Scientific Films, Richard Sanders 2013

FILM FEATURES & SHORTS

Short Film, Molly, School Shoes, University of York, Anna Samuel 2013
Short Film, Annie, Manchego, DNA Films, Alex Kendall, UK 2014
Flat & Paper Sky - Mum (music video) (dir. Craig Heathcote) Feldspar Music 2012
Syrup - Gill Mills (short film) (dir. John Higgins) Managing Mayhem 2012
Clouds - Mother (short film) (dir. Sophie King) Alegra Productions 2012
Modern Family - Gloria (short film) (dir. Jonathan Firth) 2012
Plan B - Katrina - Lead (Short film) (dir. Shirin Brown) 2009

VOICEOVERS