



ACTOR RESUMÉ for
CARA FORBES

Record last
modified
29/8/2013



EYES blue

DATE OF BIRTH 5/1/71

HAIR blonde

AGE THIS YEAR 42

HEIGHT 5' 9" (1.75m)

DRIVERS LICENCE YES

ACCENT New Zealand

ETHNIC ORIGIN

(if Other Than
European)

ACCENTS North American, English, German,

PERFORMABLE Dutch, , French, Australian, Italian
(all basic)

TRAINING

Paul Norell one-on-one training 2011
Miranda Harcourt - Screen Acting Workshop 2011
Terri de'Ath, Chris Stewart - USA Accent and Screen Acting
Workshop 2011
ongoing musical vocal training with Joan Kennaway (Opera
North)

STAGE CREDITS

The Boyfriend - Hortense (Whangarei Theatre Company) 2013
Footrot Flats - Horse (Cat) 2012
53rd Victim - Anna/Dr Patricia Carlson (dir. Kelly Johnson)
Bogwood Productions
Macbeth - Hecate (dir. Kelly Johnson) Bogwood Productions
I'll Be Back Before Midnight - Laura (dir. Pamela Black)
Whangarei Theatre Co 2008 (*Best Play NAPTA award)
Cabaret - Sally Bowles (dir. Grant Smith) Whangarei Theatre
Company
Buddy Holly - Snow bird/Jingle singer/Chorus (dir. Gayle
Dowsett) Whangarei Theatre
Cats - Sillibub/chorus (dir. Lachie McLean) Whangarei Theatre
(*best supporting ensemble NAPTA Award)
Robin the Hood - The Queen (dir. Majorie Bowden) Whangarei
Theatre Co.
Disco Inferno - Kathy (dir. Gayle Dowsett) Whangarei Theatre
Co.

TV COMMERCIALS

OTHER SKILLS

dance (various styles including disco, rock n' roll, musical), basic
aerobics, basic ballet, swimming, running, horseriding (good),
gym, cycling (good), ice skating, singing, basic Dutch and
German, rollerblading, scuba diving, soccer, Yoga

SCREEN CREDITS TELEVISION/VIDEO

FILM FEATURES & SHORTS

VOICEOVERS